

Hands On Activities in Music

by
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Psalms 150:1-6

*Praise the LORD. Praise God in his sanctuary; praise him in his mighty heavens.
Praise him for his acts of power; praise him for his surpassing greatness.
Praise him with the sounding of the trumpet, praise him with the harp and lyre,
Praise him with tambourine and dancing, praise him with the strings and flute,
Praise him with the clash of cymbals, praise him with resounding cymbals.
Let everything that has breath praise the LORD. Praise the LORD*

Why should we use a hands on approach to music?

1. Having a child hold or play an instrument or prop or moving to the beat internalizes music.
 - A. Actually feeling the pulse of the music in their bodies helps the child to own the musical concept.
 - B. The children can understand God's creation of sound.
 - C. The children can then display what they have learned by a hands-on activity.
2. Hands on musical experiences are the best way to teach music education.
 - A. The children can experience rhythm.
 - B. The children can learn to match sound.
 - C. The children can learn to read music.
 - D. The children can experience steady beat.
 - E. The children can learn harmony.
 - F. The children can learn dynamics.
 - G. The children can learn coordination for musical skills.
3. Hands on musical experiences are a great way to teach praise and worship.
 - A. The children can illustrate a Bible story.
 - B. The children can learn to appreciate the orchestra.
 - C. The children can learn to praise God with instruments.
 - D. The children can learn to lead worship with instruments.
4. A Hands on experience in music is fun!!!
 - A. The children can accompany the choir with instruments or props.
 - B. The children can learn to understand the mood of a piece with instruments or props.
 - C. Using props and instruments can allow that child that does not sing well to participate in a musical experience.
 - D. Instruments or props can help with an unruly child.
 - E. Instruments and props can develop personal independence in a child

yet it also teaches children how to work together.

5. Other hands on ideas.
 - A. Use various instruments or props to tell a Bible story or read a scripture.
 - B. Use various instruments or props to accompany a piece.
 - D. Use various instruments or props to perform steady beat.
 - E. Pick a song to accompany with bells.
 - F. Draw what you hear.
 - G. Move to the beat with various props.

6. Why should we do movement activities with our children?
 - A. Release pressure
 - B. Enhance steady beat
 - C. Get the wiggles out
 - D. Have fun
 - E. Enhance the meaning of the song
 - F. Praise and worship

7. How can we use movement ideas to lead in worship?
 - A. With props
 - B. With movement
 - C. With instruments
 - D. With partners
 - E. With hand jive

8. Here are some examples of props and movement ideas!